

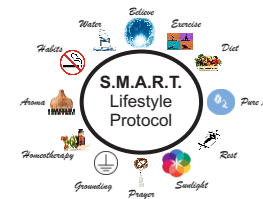


Cheese Sauce

Prep Time
10 mins

Cook Time
1 hr

Total Time
1 hr 10 mins



Course: Lunch/Dinner

Cuisine: World

Keyword: Salad

Servings: 2 Servings

Ingredients

- 2 tablespoons Pure lemon juice
- 1 teaspoon Bragg's Liquid Aminos or organic soy sauce
- 1 teaspoon Celtic sea salt
- 1½ teaspoons Onion powder
- 1 teaspoon Smoked paprika
- 2 tablespoons Nutritional yeast
- 1 cup raw cashew nuts
- ½ cup raisins
- 1 cup water

Instructions

In a high speed blender:

1. Add all the ingredients.
2. Blend until smooth. This can take up to two minutes.
3. When done, set aside.