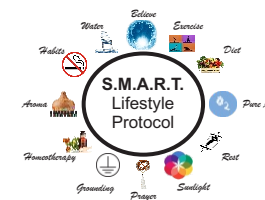




Red Juice

Prep Time
10 mins

Total Time
10 mins



Course: Juice

Cuisine: World

Keyword: Juice

Servings: 1 Servings

Ingredients

- 3 Large Organic Beetroot
- 1 Organic Red Pepper
- Quarter Size Organic Ginger
- Quarter Size Organic Turmeric
- 1 Fl. Oz. pH Balancer
- 1ml Humic & Fulvic Acids

Instructions

1. Juice beetroot to 2/3 cup level.
2. Juice red pepper up to 1 cup level.
3. Juice ginger and turmeric into jug.
4. Add 1 fl.oz. pH Balancer to juice.
5. Add 1ml Humic & Fulvic Acids to juice.
6. Stir well and consume immediate.

Note:

1. You can make this juice in the morning and store it in an air-tight container until it is time to consume it.
2. Keep it cool, preferably refrigerated.
3. Consume on the same day that it was made.

